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Experience the Passion of Rotary

MAKE YOUR PLANS NOW

Re: Confirmation of Felix Stubbs as DGN for 2013-14

Further to my letter dated January 10, 2013, and in accordance with Rotary International By-Laws, I now declare Past Assistant Governor Felix Stubbs to be the District Governor Nominee of District 7020 for the year 2013-14, no having received any challenge to the recommendation.

Yours In Rotary Service

Vance Lewis

Vance Lewis
**THE RAINBOW TEAM**

*PDG Diana White dianawhite.7020@gmail.com*

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**Your Rainbow Team** provides a “Pot of Gold” to strengthen your clubs. All are on call for you as guest speakers or a general resource:

- **Rotary Public Image Coordinator**
  - Carlos Giraldo carlos@crshotels.com

- **Rotary Coordinator Zone 34**
  - Marcy Ullom marcyullom@gmail.com

- **Assistant Rotary Coordinators:**
  - Georgia
    - Claudia Mertl cmdp05@leisurelines.com
  - Florida
    - Randy Rawiszer RotaryTailor@aol.com
  - District 7000
    - John Richardson jrichardson@1-h-e.com
  - District 7020
    - Diana White dianawhite.7020@gmail.com
  - District 7030
    - Nigel Aqui npahd@gmail.com

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**“POT OF GOLD” FOR MARCH**

*Literacy and other Rotary Emphases*

“The man who does not read has no advantage over the man who cannot read.”

Mark Twain

Here are some ideas to enhance your club’s support of the emphases of Rotary International

1. Water & Sanitation: Show this video at your club and learn more [Doing Good: Providing Clean Water](#)
2. Hunger: Our local churches, Red Cross, Salvation Army, etc often have programs to feed the homeless or the under-privileged. Join them in their efforts.
3. Literacy: Review your current activities with your local school; can they be enhanced or improved?
4. Health: Donate blood, or be an organ donor. Save A Life
5. Peace: [Show this video](#) to your university undergraduates – you may discover a potential Rotary Scholar

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**Answers to last month’s quiz**

- a. Where was the first Rotary club formed outside of the USA? Canada
- b. Where was the first non-English speaking club formed? Cuba
- c. Does Rotary have clubs in Cambodia? Yes
- d. How many languages are available on the Rotary International website? 9

(Deutsch: English; Español: Français; Italiano; 日本語; 한국어; Português; Svenska)

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**SHARE YOUR IDEAS AND SUCCESS IN CLUB OF THE MONTH!**

*PDG Diana White dianawhite.7020@gmail.com*
**Club Charter Celebrations**

<table>
<thead>
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<td>Trafalgar-New Heights, Jamaica</td>
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<td>Sint Maarten, Netherlands Antilles</td>
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<td>Montego Bay, Jamaica</td>
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<td>Charlotte Amalie, USVI</td>
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<td>Falmouth, Jamaica</td>
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<td>Sunrise Road Town, BVI</td>
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<td>Portmore, Jamaica</td>
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<tr>
<td>Petite Riviere, Haiti</td>
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<td>Aquin, Haiti</td>
<td>April 6, 2007</td>
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<td>Saint Barthelemy, FWI</td>
<td>April 7, 1994</td>
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<td>Pignon, Haiti</td>
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<tr>
<td>Eleuthera</td>
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<tr>
<td>St. Maarten Mid-Isle, NA</td>
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<td>Delmas-Aeroport, Haiti</td>
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<td>St. Thomas II, USVI</td>
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<tr>
<td>Providenciales, Turks &amp; Caicos</td>
<td>May 17, 1996</td>
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<tr>
<td>North St. Catherine, Jamaica</td>
<td>May 19, 2008</td>
</tr>
<tr>
<td>St. John, USVI</td>
<td>May 21, 1999</td>
</tr>
</tbody>
</table>

**Sunday 24 March 2013**

Rotary Club of New Kingston hosts the **Corporate Celebrity Brunch**

**Boone Hall Oasis**

Stony Hill, St. Andrew, Jamaica
If you have not already set up a MEMBER ACCESS account, I would urge you to do so immediately, by logging into the portal link here: Rotary Member Access. You can also access the portal by clicking the link at the top of the home page of the rotary.org web site. Those of you who have an account but haven’t visited the portal for a while, should take a look at the exciting new format and valuable new content, which is excellent!

You’ll have to sign in or create a new account:

The MEMBER ACCESS portal will be the main vehicle for doing "Rotary Business Online" from 2013/14 onwards.

Once you sign in, you see these options shown below:

Amongst other things, it allows us

- to create
- to input and
- to monitor Club and District goals.

The ROTARY CENTRAL section is a highly effective tool for us to collect and share data on the tremendous work District 7020 is doing locally, regionally and globally.

If you have any questions, let me know. This is a tremendous tool - so I strongly recommend you to try it and see for yourself!

Best regards, Jeremy Hurst - District 7020 Governor-elect, 2013-14
FROM RI GENERAL SECRETARY JOHN HEWKO

This past year was one of major accomplishments for Rotary and your Rotary Foundation.

Extraordinary progress was made toward the eradication of polio. We made history when India was removed from the list of polio-endemic countries — leaving just Afghanistan, Nigeria, and Pakistan.

A difficult road lies ahead, but thanks to the commitment and generosity of Rotarians and friends, we are confident that Rotary will lead the way toward a polio-free world.

We also expanded Rotary’s reach in new and effective ways by entering into partnerships with Mercy Ships and UNESCO-IHE. And we built on our record of humanitarian service by continuing our strong relationships with the Bill & Melinda Gates Foundation, USAID, Aga Khan University, Oikocredit and the Rotary Peace Centers.

Over half a million young people worldwide participated in our New Generations programs. Their involvement in Rotary Youth Exchange, Rotaract and Interact clubs, and RYLA events helped them develop skills that they’ll need to become service-minded community and global leaders - and future Rotarians.

In 2012, The Rotary Foundation also earned top marks from several independent charity evaluators, including the American Institute of Philanthropy, Charity Navigator and the Wise Giving Alliance.

As we look ahead, we can be proud of all that Rotarians have accomplished. I am pleased to share the digital version of the 2011-12 Rotary International and Rotary Foundation Annual Report (click here), which offers a firsthand look at how Rotarians are working to improve the lives of people in need. I encourage you to review our annual report carefully, and to share it with others who may be interested in joining, partnering with, or donating to Rotary.

Thank you for helping Rotary achieve lasting change in your community and around the world.

Sincerely,

John Hewko
General Secretary
Rotary International and The Rotary Foundation
Twitter: @johnhewko

P.S.: Through the generous financial support of individuals like you, Rotary funds sustainable projects that help address the world’s greatest needs. Every gift makes a real and lasting difference!
REQUEST TO DISTRICT 7020 FOR ASSISTANCE

Name Of The Club
Rotary club of Pune Katraj, Club No. 31609
District:3131, India

Contact PRID Barry Rassin for further information!

Project Title
Safe Drinking water & Sanitation Facility
Basic Education & Literacy.

About Rotary Club Of Pune Katraj

Rotary club of Pune Katraj is one of the leading clubs in District 3131. The present club strength is 72 Rotarians. The club has carried out various projects in the district such as

1. Matching Grant project – Project on Child Mortality, Malnutrition.
2. Awareness about malnutrition & swine flu with the help of Rotary Chariot.
3. Has completed Rotary Distance Education Programme (RDEP) project in 20 schools & 10 more to complete in this rotary year & running successfully.
4. Has completed construction of Knowledge Centre in a school thus providing a permanent place for RDEP activities.

While installing the RDEP units, club members came across the various difficulties students face while attending the school particularly in rural areas. They mainly found the problem of safe drinking water & sanitation a major one. They also found the problem of sitting facility.

It was found that many of the schools do not have the very basic facility of toilets for students. Even if the school has a toilet, it is in very bad condition. This is the main reason for which the students remain absent, especially girls.

It is also found that the girls avoid going to school few days before, during and after their menstrual period. Sometimes, they tend to hold the urine which may cause further complications.

This consistent absenteeism many a times leads to the drop-out of the students, thus taking them away from education. (Please refer to the following URL: post.jagran.com/Lack-of-toilets-hitting-education-of-girls-CRY-1349265804 (See story at left below.)

Also the club members found that some schools are devoid of Safe drinking water facility. Because of this, students many a time fall prey to water-born diseases like Dysentery, Diarrhoea, Jaundice, etc. These diseases keep them away from school.

Some of the schools have an inadequate number of benches.

It can be seen that the basic facilities are not available. Hence the club decided to do a survey of schools in detail, and short listed the following schools. Survey of the larger area is going on, and the club will identify some more schools for the project by this month end.

The schools under consideration are

1. Kalaj Highschool, At post Kalaj, Taluka : Phaltan, Dist : Satara, Maharashtra, India.

The first school under consideration -

Kalaj Highschool

The school is a co-educational school run by Jai Bhavani Education...
Society. Classes are from 8th to 10th grade standard. There are 76 girls and 58 boys.

The school has one toilet for girls and one for boys, but it is in an almost demolished state. We can say that the school has no toilet.

Also the number of toilets is inadequate. This school has a water tank for drinking water. The school receives water from a well which is a property of local governing body but without filtration.

There is no proper hand wash / foot wash facility in the school.

Keeping in mind RDEP ++ concept, we could identify the need of Library books and laboratory equipment, teaching aids for all subjects.

The school does have a playground, but it is not properly levelled. No sports material is available to the school children. The school does not have the facility for water harvesting or water conservation. Considering the above situation, the club is thinking of considering this school for the service project.

**Project (1st Stage) & Cost –**

a. Construction of toilet block 350 sft including hand wash, foot wash & drinking water –Rs.350000/- (USD 6600)

b. Laboratory Equipments : Rs.53000/- (USD 1000)

c. Library Books Rs.5500/- (USD 100)

**The second school under consideration -**

**Z.P.Primary School, Kalaj.**

The school is run by Zilla Parishad, Local governing body. It is just adjacent to the school mentioned above, and they share Toilets, Drinking water facility, Play Ground etc. Total Number of students is 217. There are 96 girls and 121 boys. Grades are standard 1st to 7th.

They do have urinals and toilets for girls and boys, but in the demolished state. In addition, the school has a bore well, which is under maintenance just now. This bore well can be a source of water for toilets of both the schools.

**Project (1st stage) & cost**

a. Construction of toilet block 500 sft including hand wash, foot wash & drinking water –Rs.500000/- (USD 9450)

b. Benches 25 Nos. – Rs.135000/- (USD 2500)

The club is planning to construct the toilets and urinals for both boys and girls in these schools.
The third school under consideration -

Rajarshee Samaj Prabodhan & Vikas Sanstha, Patan in the district of Satara.

The school is in the remote, hilly area and the minimum distance to the nearest other school from the place is 10 to 15 kms. It is established in 2003 and currently has a strength of 69 students. The classes are 8th to 10th standard. This school has no permanent facility of the class rooms, no good quality educational aids, permanent toilets etc.

They do have a computer which is donated by a NGO and they are using it efficiently. The community is enthusiastic and helpful. The club is thinking of doing a service project in this school because the students who are on the verge of drop-out can be retained in the main stream of education, thus giving them basic education up to 10th standard.

Project (1st stage) & cost

a. Construction of toilet block 200 sft including hand wash, foot wash & drinking water – Rs.200000/- (USD 3775)

b. Educational aids Rs.53000/- (USD 1000)

After completion of the survey, we are planning to add 4 schools in this project.

Total estimated cost of the project for 7 schools is approximately Rs.3000000/- (Thirty Lacs Only) (USD 56000)

Contributions –

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<th>Amount</th>
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<td>Rotary Club of Pune Katraj</td>
<td>$10,000</td>
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<tr>
<td>District 3131</td>
<td>$8,000</td>
</tr>
<tr>
<td>RI Contribution</td>
<td>$13,000</td>
</tr>
<tr>
<td>Total</td>
<td>$31,000</td>
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We request your club and your district to contribute $17000 to complete the project.

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**RI SECRETARIAT STAFF**

The Secretariat includes RI World Headquarters, located in Evanston, Illinois, USA, and seven international offices around the world. Staff members at the Secretariat can assist you with questions about developing your new member orientation program.

Email inquiries should be addressed to membershipdevelopment@rotary.org
Coming Events

March
Rotary Literacy Month

World Rotaract Week
Week of March 13, 2013

World Water Day
March 22, 2013

World Autism Awareness Day
April 2, 2013

Earth Day
April 22, 2013

Rotarians-At-Work Day
April 27, 2013

REDI Conference 2013
May 3-4, 2013
Cypress Creek, Fort Lauderdale, Florida

District 7020 Conference BVI
May 14-18, 2013

Rotaract District Conference
May 29 – June 2, 2013
Grand Cayman, Cayman Islands
Prepare - Respond - Recover
Share the challenge - Find the solution

**REDI Con 2013**
May 3-4, 2013
To Register (only $139.00): Click [HERE](#)

**The Westin Hotel**
Cypress Creek (Fort Lauderdale), Florida
Room reservations ($87.00 a night): Click [HERE](#)

Douglas R. Maymon PDG
R.E.D.I. Conference Chair
DougMaymon@qmail.com
Skype: DRMaymon6990

[www.rediconference.org](http://www.rediconference.org)

Rotarian Emergency Disaster Initiative

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**CLUB-OF-THE-MONTH PROGRAM**

Entries for February must be submitted by March 5, 2013
Entries for March must be submitted by April 5, 2013

**CLUB-OF-THE-MONTH THEMES**

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<td>Emphases Month – Literacy, Environment, Health &amp; Hunger, Water</td>
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CLUB-OF-THE-MONTH WINNERS

AUGUST
LARGE CLUB – RC of Grand Cayman Central (Ravi Kapoor)
SMALL CLUB – RC of Eleuthera (Jacqueline Gibson)

SEPTEMBER
LARGE CLUB – RC of Grand Cayman Sunrise (Tony Catalanotto)
SMALL CLUB – RC of Lucea (Lennox Anderson-Jackson)

OCTOBER
LARGE CLUB – RC of Grand Cayman (Sebastien Guilbard)
SMALL CLUB – RC of Negril (Ken Cooney)

NOVEMBER
LARGE CLUB – RC of East Nassau (Geoff Andrews)
SMALL CLUB – RC of Mandeville, Jamaica (Basil Cameron)

DECEMBER
LARGE CLUB – Road Town, BVI (Trefor Grant)
SMALL CLUB – Pétion-Ville, Haiti (Marlene Gay)

JANUARY
LARGE CLUB – Tortola, BVI (Simon Welch)
SMALL CLUB – Liguanea Plains, Jamaica (Novlet Green-Deans)

CONGRATULATIONS TO EVERYONE!
Rotary Club of Kingston held a Rotary Awareness Day on Monday, January 28 – as follows: -

The Rotary Club of Kingston, Jamaica
Invites
Rotary District 7020
To
Celebrate Rotary Awareness Day
Monday, January 28, 2013

Wear your most outstanding Rotary regalia to work
and attract attention to Rotary.
Wear your pins, badges, medallions, Paul Harris Fellow pin and medallion,
shirts and hats where possible.
Presidents, Secretaries, Vice Presidents and Sergeants wear your Chains of Office.

Throughout the day talk about Rotary, service, volunteering, Family of Rotary
and invite non Rotarians to your next meeting. Then share the reactions you get
on your club’s website and face book page, along with pictures.

Share your feedback with the Rotary Club of Kingston at: kinstonrotary@cwjamaica.com or
joyfulirving@ymail.com

District Governor Vance Lewis has endorsed this initiative as a part of Rotary Awareness
Month.

AN EXCELLENT IDEA!
The Mental Health Foundation (MHF) is embarking on an effort to collect data regarding the disease burden of psychiatric disorders on St. Maarten. This will help with planning for the future.

The topic of the Research is “School prevalence of select childhood psychiatric disorders in St. Maarten.”

Other contributors towards this project are the following:

- American University of the Caribbean (Medical school),
- University of Louisville Kentucky, USA
- Parnassia Bavo Group in the Netherlands

During the New Year’s reception at The Mental Health Foundation recently, The Rotary Club of St. Maarten donated 10 Sony ICD-AX412 Digital Flash Memory Voice Recorders which will be used in the process of collecting data.

As the presentation was being made, club members were honored to be joined by his Excellency Governor Eugene Holiday as a former member of the Rotary Club of St. Maarten and now an honorary member.

The Rotary Club of St. Maarten continues to raise funds particularly for youth community projects. Last year, the grand fundraising held on the Oasis of the Seas raised funds for Youth Leadership, and this year again funds raised in the Valentine’s day Car Raffle February 14, 2013, will also go toward projects related to special needs children, as well as youth and other community service projects.

Below - Maria Buncamper-Molanus PE, Henna Budharani Admin, Dr. Gandotre (Mental Health Foundation), Bonita Hart PP, His Excellency Governor Eugene Holiday (Honorary Rotarian), Robert Judd Pres., Nick Hemrajani PP
Joining Rotary St. Maarten are Debbie Biscontini and Geeta Usha Khatnani. Debbie Biscontini has a PhD in Economics and taught economics for much of her career, her classification within Rotary is Economist. Mrs. Bisconiti is also a volunteer Treasurer with the Dawn Beach Estate Lots Foundation.

Geeta "Ushi" Khatnani is the owner and manager of Mr. Tablecloth and has joined the Rotary Club of St. Maarten under the classification of Retail. Ushi has been on the island since 1980 and lives with her husband Pishu. They have 2 children. Ushi has been a member of the Indian Merchants Association.

Both new Rotarians have already demonstrated their involvement in community service within and without the Rotary organization. Recently inducted Rotarian of the Mid-Isle Club Veronica Jansen Webster joined the other new members in the ceremony.

**At left** - The opportunity was also taken by chairman of the RYLA Task Force Mr. James Ferris to present the the RYLA program to District Governor Vance Lewis.

**Send us your story**

Rotary International is looking for high-quality, color action photos of RYLA events around the world to feature on its website and in RI publications.

If you’d like to share your RYLA experience, send your photos and a short description (about 500 words), along with your name, district, and the name of your RYLA event, to ryla@rotary.org or to:

RYLA
Youth Programs Section
Rotary International
1560 Sherman Avenue
Evanston, IL 60201 USA

When sending photos, please be sure to include the photographer’s name so appropriate credit can be given.

Let us know about your events with the RYLA Report Form (PDF).
Rotary Fundraising CAR RAFFLE makes Valentines 2013 very special for Minerva Lawrence.

Car raffle raises funds for Children’s Special Needs Projects

Minerva Lawrence was the lucky winner of the Rotary Club of St. Maarten's Valentine's Day Car Raffle.

In the company of Rotarians, supporters and under supervision of Notary Meridith Boekhoudt, the winning ticket was drawn on the premises of Le Grand Marche on Bush Road at approximately 10:15 Thursday Morning.

The car raffle was launched in August last year. It aimed to raise funds for community service projects, that in particular cater to special needs children, youth and the community in general.

The red Hyundai i10 was provided at cost by Motor World, allowing for most of the funds raised to go back to the community.

President Robert Judd called the name of the Valentine's Day winner, who made her way to the location to collect her prize.

The Rotary Club of St. Maarten would like to congratulate Minerva Lawrence on this very happy Valentine's Day and thank Motor World and all who contributed towards making this fundraising a success.

The club continues to carry out its community service work and can do so because of the support of the community. The happy winner appears in the blue suit in the rightmost photo above.

NEW MEMBER ORIENTATION

An effective new member orientation to Rotary begins as soon as a qualified prospective member is identified. Learning the expectations and benefits of Rotary membership early in the process helps prospective members make well-informed decisions to accept the formal invitation when it is extended.
What are the 5 key goals of every Rotary e-club?

When Rotary E-Club One received its charter on 4 January 2002, the Board of Directors of RI prescribed 5 key goals, all of which now apply to every Rotary e-club:

1. Use the Internet to retain Rotarians who would otherwise be lost to Rotary.
2. Use the Internet to attract new Rotarians.
3. Use the Internet to facilitate meetings.
4. Use the Internet to manage service projects.
5. Use the Internet for fellowship by creating a friendly community of like-minded Rotarians.

Click this link to view our latest video.
What do you know about DENGUE FEVER?

By Paul Amoury (Rotary E-Club of the Caribbean, 7020)

When I was first asked to write an article about Dengue fever, I must admit the only thing I know about it is that it exists. I knew people had it but I had no idea what it was and what it meant to have it. So I began my research by reading an article which was forwarded to me. It is called “Dengue Fever Racing Around the World” by the World Health Organization, or better known as ‘WHO’.

According to the article, not only has this disease reached epidemic proportions, but it has reached over 125 countries and affected thousands of people, and many have died because of it.

However, the most surprising thing I learned is that Dengue is not a new disease.

Dr. Scott Halstead has been studying Dengue for over 50 years. Dr. Halstead says, “We have more dengue in more countries, and in more places and involving more people, than any other time in history. It’s reached a huge geographic expanse and now we’re stuck with it.”

In 1955, only 3 countries reported Dengue fever, and today over 125 countries have reported it.

According to Wikipedia, the incidence of dengue fever has increased dramatically since the 1960s, with around 50–100 million people infected yearly. However, early descriptions of the condition date from 1779, and its viral cause and the transmission were elucidated in the early 20th century.

According to an article in the Bahamas Tribune, May 13, 2012, written by Larry Smith, an epidemic of Dengue occurred in 1927. In the article, Larry says that the outbreak, in the summer of 2011, could possibly be parallel to that time in 1927.

He goes on to say that, “Nassau has suffered regular dengue outbreaks in every decade since 1978. But the severity of last year’s epidemic, combined with the pervasive culture of social media and talk radio, produced an unprecedented spike in public concern.”

He also says, “In 2011, the number of dengue cases and deaths in Latin America and the Caribbean broke previous records, with outbreaks in Paraguay, Panama, Aruba, and Saint Lucia, as well as the Bahamas. Over a million cases were reported to PAHO throughout the region, including more than 700 deaths.”

“Bahamian health officials confirmed some 7,000 dengue cases last year, representing about 20 per cent of those who actually contracted the disease (but had mild or no symptoms). At least one death was confirmed by autopsy, and several others were under investigation by the time the outbreak subsided in the fall.”

The Nassau Guardian, on July 29, 2011, reported over 195 cases. They also said, “Hospital officials say in 1998 there were 365 cases reported, while in 2003, 155 cases were reported.” This information was gleaned from an official press conference held by Dr. Hubert Minnis, the Minister of Health, on July 28, 2011.

Above all this information are the actual effects it has on people. My sister-in-law (in the Bahamas) had it last summer and she describes it as the “worst I ever felt in my life.”

She says it took her months to recover completely, and to this day she still “does not feel completely right.” Her report to me was that it started off as something like flu, and she could not “shake the chills” until she found herself so weak she could barely make it to the doctor.

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2 thestar.com
3 wikipedia.com
She told me that her fever would come and go for days, and then she would feel better, only to find herself the next day unable to get out of bed. She says that the fatigue is the worst part, because at the same time she felt like all her bones were throbbing like they had been injured.

My friend Rebecca⁴ says:

*In the Caribbean I was always warned about mosquitoes and the possibility of dengue.*

A few years ago it had gone through our club and I still wasn’t entirely sure about it. A week later - I remember this so clearly - I was at our Club lunch and I started to ache. As I was listening to all the Interact "Four Way Test" essay contest winners, I knew something was terribly wrong.

By the time I was home, I had a 104 degree fever and was on the phone with my doctor, essentially delirious. The next day, I felt a titch better and picked up my best friend who was visiting from Canada. At 3:00 a.m. the fever was back, and I truly felt as if every bone in my body was breaking.

At the crack of dawn, she had me to my doctor's and to the lab to confirm the diagnosis.

I spent the next 10 days essentially unconscious. Thankfully, my friend was the daughter of two medical specialists and had emergency medical training. I'm so thankful she was here to look after me...and along the way she had the best vacation ever, even hosting a dinner party at my pool! 10 days and twenty pounds later, I was finally standing again...just.

I would, never ever wish this horrible disease on anyone! Moreover, I wish resources were directed to this as they are to malaria.

Roger and PDG Diana White both have suffered Dengue Fever.

Roger suffered aches and a temperature. Both came on very fast. He thought initially it was an immediate reaction to a new medication he was on. He went to the doctor the next day because he believed it was a reaction to medication.

The doctor took his temperature – 102F – and told Roger that he had Dengue Fever, not a reaction to medication. He was advised to go home and rest. The doctor took a blood sample, sent it to the lab, and the diagnosis was confirmed some days later.

The symptoms lasted 17 days, and Roger lost 10 pounds. The first week was the worst. He has never felt so wretched with the aches and headache, making it difficult to find a comfortable position in which to sleep. At its worst, Roger found himself sleeping 17 to 18 hours a day!

The recovery was frustrating because of the weakness. Even walking a short distance was tiring, and Roger found he had to sit down a lot even when recovering. Both Diana and Roger got Dengue at the same time, but Diana’s was lighter and she recovered much faster as well. Roger’s bout was more severe because it was the first time for him. Diana had suffered Dengue once before.

For Diana, her first bout with Dengue was roughly the same as Roger’s account, except that she did not go to the doctor for a blood test.

The second time, however, she did to go the doctor, but the entire bout lasted about four days, and then she was fine again. During the four days, she suffered extreme headache, lethargy, body aches and some fever – but nothing as serious or painful as the first time.

Diana understands from the doctor that there are three different strains and that (a) you cannot get the same strain twice, and (b) you build up some immunity, so the first time is always the worst.

Fortunately, neither had the hemorrhagic strain, which is extremely dangerous.

In conclusion, there are various types of Dengue Fever, and I hope this enlightens you a bit about the disease, and helps us all to stay informed so we can try to avoid it!
The Rotary Club of St Thomas held a Western Hoedown Fellowship for Club members and their guests.

Approximately 30 members took part in this Cowboy & Cowgirl cocktail party. Fun, and conversation was enjoyed by all – and we raised a few “bucks” for Rotary.

The fellowship was held at Room with a View on St. Thomas and everyone had a good ol’ time!
Recently, the Haiti Prime Minister, Laurent Lamothe, came to the Lycée Philippe Guerrier des Cayes to inaugurate the High Speed Internet system the Haitian government will put in all public schools in Haiti.

They started with the Lycée Philippe Guerrier des Cayes, which is the District 7020 Project started by PDG Errol Alberga, continued with PDG Diana, and officially completed last year by PDG Guy Théodore. Attached are pictures of this event.

During their speeches, Rotary was publicly thanked by the Principal of the school, Mr. Alex Dorvil; the head of the Education for the South of Haiti, Mr Ary Louis; and also the Prime Minister himself, Mr Laurent Lamothe, who really appreciated the work done by Rotary in the Lycée. All media local and national were present which permitted great visibility of the work done by Rotary in the Lycée.

The Prime Minister Laurent Lamothe was so impressed that he asked: “Can Rotary do this in other part of the country?”

Another important member of the government's delegation close to the Prime Minister asked me, "How can't you go to Jérémie to do a similar work?"

I learned afterwards that he was the Délégué of Jérémie (who is the official representative of the President Martelly). He was impressed, but sad to know that Jérémie once had a Rotary Club that was terminated. He asked me the name and telephone of the last President of the Rotary Club of Jérémie. This achievement made us all proud to be Rotarians!
Above, Prime Minister Lamothe visiting the computer room – and at right, with students.

Above, student singing the national song, and three students controlling the sound system.

At left - Rosa and Robert Leger with the Minister of Education and other dignitaries.

I just want to remind you that the members of the Rotary Club Des Cayes worked as a whole team and represented the arms of all the Rotary Clubs of District 7020 which participated with their funds, fund raising and ideas to make this dream from PDG Errol Alberga became a reality.

Congratulations to all of us, since it is our District 7020 project specially to the Chef D’Orchestre, Roger White, who managed and directed this realization.

Let’s continue to change the world positively through Rotary actions!

This was a truly collaborative effort involving 44 clubs and 3 districts as well as Rotaractors across our district and provided many memorable fellowship experiences. As an earlier correspondent said “Vive La Rotary”!!
For Rotary Awareness month, the Rotary club of St. Martin Sunrise decided to honour two long standing supporters of our club, and Friends of Rotary. Mr. Carl Housen of Carl & Son's Bakery and Mr. Manohar Bijlani of Dutch Delight (on the airport).

Year after year, these two gentlemen have allowed the Rotary Club of St. Martin Sunrise to utilize their facilities in order to gather funds for our several community projects, and have been sponsors of many activities and projects as well.

The President Marcellia Henry and the members of the Rotary club of St. Martin Sunrise would like to thank Mr. Housen and Mr. Bijlani for assisting our club in our efforts to continue to serve the community of St. Maarten.

NATION FLOWER GARDEN PROJECT

The goal of the Nation Flower Garden Project is to educate elementary and secondary students of St. Maarten about our National flower, the Yellow Sage, and to involve them in the planting and care taking of the flowers on their school premises. More specifically, our objectives are to:

- teach pride for one’s culture
- help contribute positively to the environment, and to teach responsibility for taking care of our plants
- enable all elementary and secondary students to identify the Yellow Sage, and to allow them to identify places where the national flower can be locate, especially since the yellow sage is not as visible in the community.

The Rotary Club of St. Martin Sunrise was responsible for the ordering and purchasing of one hundred (100) yellow sage flowers, and the potting soil for this project. One or more Rotarians and the elementary or secondary students planted the flowers at the schools.

The planting of the yellow sages was done throughout the month of November. Twenty two (22) elementary and secondary schools now have the national flowers planted on their school premises.
The Rotary Club of St. Martin Sunrise would like to thank all the elementary and secondary schools who participated in our Nation Flower Garden Project. With your help we were able to plant 100 Yellow Sages, increase the visibility of our beloved Yellow Sage, by starting 22 flower gardens in our elementary and secondary schools, the University of St. Martin and at the Philipsburg Jubilee Library.

As we celebrate Rotary Awareness Month, we reaffirm our commitment to making a difference in our St. Maarten community. We are committed to putting “Service above Self”
ROTARY CLUB OF ST. MARTIN SUNRISE INDUCTS A NEW MEMBER

...by Angela Gordon

The Rotary Club of St Martin Sunrise welcomed Agnes D Kapoor to its membership with an induction ceremony held on Tuesday, January 29.

Agnes was introduced to the club by member Joseanne Peterson.

Agnes is the director of Ideal Pre-School in Cay Hill St. Maarten, she was sworn in on Tuesday, 29 January 2013. She is a graduate of the University of Pune India and specializes in Teaching and Caring for the young children.

Sunrise Rotary once again would like to welcome Agnes, and her family to our Rotary Family and thanking her for making our club their club of choice.

Presentation of the check to the principal of the Charles Leopold Bell School for the purchasing of reading and writing books

At left - President Marcellia Henry, Rotarian Joseanne Peterson- Service Director, and Principal Alice Samuel of the Charles Leopold Bell School

Radio Interview with 3 Presidents of Rotary Clubs on St. Maarten to promote Rotary Awareness Month

At left - President Jon Hart, President Josianne Fleming, President Marcellia Henry and Radio host of PJD2 -1300 am, Ms. Valerie van Putten
Youth development is one of the signature projects of the Rotary Club of Grand Cayman Sunrise and the Club has kicked off 2013 with two projects.

The first of these was the sponsorship of a new EarlyAct club at Hope Academy. EarlyAct is a school-based service club, closely linked to the ideals of Rotary, for young persons from ages 5 to 13.

EarlyAct provides participants an opportunity to gain an increased awareness and knowledge of their community and the world and building respect for others. EarlyAct also promotes character building activities and leadership. Children carry out projects which benefit their school and community. It teaches caring, tolerance, respect, citizenship, empathy, compassion, responsibility, and friendship.

The students from Hope Academy not only recited their pledge but also learnt to do their pledge in sign language. They then received their pins from Rotary Sunrise Grand Cayman President Tony Catalanotto and New Generations Director Deirdre McFarlane. When asked why they wanted to be a part of EarlyAct, the unanimous answer was to make a difference in their community.

In keeping with the theme of character development the Club has also been distributing character development books to Year 3 students across the Cayman Islands. The book, All The Joy In The World, has a Caribbean theme and incorporates Rotary’s Four Way Test. It was commissioned by the Club and local author Nasaria Suckoo-Chollette wrote and illustrated the book. The project is in its fifth year.

Top - Three students are some of the EarlyActors signing and reciting their pledge. A group of the Hope Academy EarlyActors with their school and Rotarian advisers.

Bottom - Group photo of PP Michael Levitt presenting the character development book to Bodden Town Primary School students. And PP Michael Levitt presenting the books to the Principal of East End Primary School.
Rotary Club of Montego Bay

Pres Roxanne of the Rotary Club on Montego Bay exchanged
banners with RtM Kenneth of Rotary Club of Copa Richmond in the
United Kingdom on January 22, 2013. This was very appropriate as
the Guest Speaker for that day was PAG Haresh who presented on
how other Rotary Clubs in the World operate during Rotary
Awareness month.

Rotary Club of Montego Bay

The Rotary Club of Montego Bay in collaboration with the Rotaract Club of Montego Bay will
be hosting its 1st in a series of Conflict Prevention/Resolution forums/seminars on evening
of Wednesday, March 13, 2013 at the Montego Bay Civic Center at 6 pm. This forum will be
held in partnership with the following organizations: Peace Management Institute, Victims
Support Unit, Citizen Security and Justice Programme, Dispute Resolution and Community
Policing. The target audience for this event would be the citizens living in and around the
Montego Bay area. The objective of this forum is to familiarize the citizens of the roles of
the different organizations and to promote effective conflict prevention and resolution.
MONTEGO FREEPORT CLEAN-UP

On a warm sunny day recently, the Rotary Club of Montego Bay, led by Natasha Parchment-New Generations Chair, joined a huge number of others on a day to remember.

New Generations, with the addition of over 100 friends and family members, joined in. Along with wonderful weather and bright faces, they managed to collect well over 150 bags of trash that was littered throughout the Montego Freeport area, a well desired Cruise ship destination that throughout the week will see over 20,000 tourists from all over.

Not only was the day filled with bright faces and cleaner area, it was a day where new friendships were made and a better understanding what Rotary stands for.

...submitted by Rick Lowie
Leadership and Peace through Cultural Diversity

RYLA CONFERENCE

Rotary Clubs of St. Martin/Sint Maarten

...submitted by Maria Buncamper-Molanus

The Four Rotary Clubs on St. Maarten/Saint Martin hosted one of the largest Youth conferences. Rotary Youth Leadership Awards (RYLA) is Rotary's leadership training program for young people. RYLA participants can be ages 14-30, but most clubs and districts choose to focus on a narrower age range, such as 14-18 or 19-30.

Rotary Youth Celebrate Leadership & Peace Through Cultural Diversity

(Philipsburg, February 19, 2013) - The 2013 Rotary Youth Leadership Awards (RYLA) in St. Maarten can be simply described as "Unforgettable".

RYLA is Rotary International's annual youth leadership conference. It purpose is twofold

- to teach leadership skills amongst teens and
- to foster stronger ties amongst countries and regions.

This year Rotary District 7020 selected St Maarten/St Martin as the hosts.

Hundreds of RYLA photos are currently circulating across social media and the web and capture the experiences of the 124 participants, aged 14-17, who came from Anguilla, Tortola, St. Kitts, Saint Martin and St. Maarten.

Opening on Valentine's Day, District Governor Vance Lewis and Assistant District Governor from St Maarten, James Ferris, joined together with Prime Minister Sarah Wescot Williams and Minister Silveria Jacobs to welcome everyone. Immediately following the opening ceremonies, Giselle Hilliman, a young St. Maarten psychologist, set the stage for the conference theme by addressing the various personality styles that exist, and how our behaviors vary as result of the influences of our past experiences, culture and other factors.

Understanding these differences is the hallmark of a great leader.

The conference featured workshops by Rebecca Low, David McGregor, Oldyn Bryson Pantophlet, Barbara Ejingiri and Nkozana Illis on the themes of leadership, peace, listening skills, negotiation, interpersonal relationships and conflict resolution.

Interactive sessions on how to prepare for a job interview, how to budget, and effective public speaking were facilitated by Maria Buncamper, Robert Judd, Toastmasters DG Rolando Tobias, Emilia Thomas and Valerie Brazier. Heather Mercuru of the Love of Kids Foundation discussed the issue of bullying, and offered effective tools to deal with it.

All that hard work also called for relaxation which came in the form of positive motivation and tips in handling stressful situations by Dushyant Savadia of the Art of Living. Participants – many of whom were also Interactors and no strangers to community service – dove into community projects. These included backyard gardening and becoming one with Mother Nature at the Hillside Adventures in South Reward, and at the Rasta Farm in BelleVue. Participants cleaned the Guana Bay beach, and planted mangroves in Red Pond under the guidance of the Nature Foundation.

The St. Maarten Red Cross demonstrated their continued commitment to keeping our youngsters safe by setting-up a makeshift emergency room at the MAC School during the RYLA, as well providing youth-led workshops on life saving techniques and disaster preparedness.

As with every Rotary initiative, building bridges and making lasting friendships was the heart of the conference. Much of this bonding took place through the "Front Street Challenge" (a treasure hunt), zumba, self-defense training, dancing, singing and good old fashioned play that rounded out this year's Rotary Youth Leadership Awards on St. Maarten/Saint Martin.

RYLA was organised in collaboration by the four Rotary Clubs on Dutch and French St. Maarten with the assistance of Rotaractors from both sides. The Task Force would like to thank the many volunteers who assisted in this conference as well as the generous financial contributions received from CIBC, the Ministry of Education, Nagico, Telem, Sol, Biocompression, and other private donors.

District 7020 Newsletter - March, 2013
A true community effort - Rotary in Action.

The arrival -
THE INTERACT CORNER

Every year, thousands of talented and dedicated young people, ages 12-30, have an incredible experience in a New Generations program.

As Rotaractors and Interactors, they serve in communities at home and abroad. Through Rotary Youth Exchange, they explore new cultures. And as Rotary Youth Leadership Awards participants, they learn skills that will help them succeed as future community leaders.

New Generations is Rotary’s fifth Avenue of Service. Learn how your club can get involved in An Introduction to New Generations Service (735).

THE ROTARACT CORNER

February Rotaract Events
Rotaract Club of St. Maarten Sunrise

...submitted by Elisia Lake

Sing A Song of Love - Karaoke Night

The Rotaract Club of St. Maarten Sunrise held its 2nd annual "Sing A Song Of Love" Karaoke Night on February 9, 2013. The event was held at Carl N Sons Conference Room and the room was filled to capacity with over 120 persons in attendance.

The event was a fun filled event with the famous comedian Fernando Clarke, lots of singing, games and prizes. This was a fundraising event to assist Rotaract members to attend Rotaract District 7020 Conference in the Cayman Islands.
In efforts to promote cultural and educational diversity, friendship and building networks; The Rotaract Clubs of St. Maarten Sunrise, Rotaract St. Kitts, and the Interact Club of St. Dominic High collaborated in a Student Exchange program.

Rotaract Sunrise members, along with Interactors of St. Dominic, welcomed Sheldon Richards to the island of St. Maarten on Saturday 9th February 2013. Sheldon was chosen as this year's exchange student because of his exceptional academic performance. Sheldon attends the Saddlers Secondary School. He was valedictorian of his 6th grade class and also class representative.

Upon graduation from the Saddlers Primary School in 2009, he received the Social Security Scholarship for Academic excellence. When Sheldon began his Secondary School tenure, he was elected as the Vice President for the Student Council from 2010 to 2012. He used that opportunity to develop his leadership skills.

In fact in 2012, he was recognized as one of the 25 Most Remarkable Teens in St. Kitts in the category of Leadership. He excels academically in every aspect; consistently receiving the Gold Honour Award from the school’s Honour Roll Program. Sheldon's overall goal is to become a Physician specializing in Obstetrics and Gynecology.

Sheldon will be on the island for one week and will be attending the St. Dominic High School from Monday through-Wednesday, and attending the Rotary Youth Leadership Awards (RYLA) from Thursday through-Sunday of this week. We are happy to have Sheldon with us and hope he leaves this friendly island with additional knowledge, advance leadership skills and an unforgettable experience.

Exchange Student Sheldon Richards (centre) with Rotaract and Interact members at the airport.
Above left - Marcellia Henry and Elisia Lake, both presidents of Rotary and Rotaract Sunrise, with Sheldon Richards at Rotary Sunrise breakfast meeting.

At right above - Sheldon Richards with Interact President Rohit, Rotaract President Elisia and Assistant District Governor Jim Ferris and Rotary Mid Isle Valentine's Dinner.

At left - Sheldon Richards with Rotaract Sunrise members at the first day of RYLA 2013 held in St. Maarten.

Below - Sheldon Richards with members of Rotaract Sunrise at a fellowship in honor of Sheldon Ricahard's last day in St. Maarten.
ROTARY CLUB OF NEGRIL, JAMAICA

The 8th Annual Negril Rotary Donkey Races took place on Sunday February 10th at WAVZ on Negril beach.

The family fun day featured 18 donkeys, all dressed up for the races in imaginative costumes, and is set in a buzzing fairground atmosphere with high excitement, kids rides, game booths, and free face painting.

A Jamaican bar and many food stalls offering Jamaican and International choices were priced to please the crowd.

Here are some photos!
She was only a whiskey maker, but he loved her still.

The butcher backed into the meat grinder and got a little behind in his work.
ROTARY WISDOM

Glenn Estess

(sales and marketing personnel consultant).
Director and Vice-President, Rotary International, 1990-92.
Member of the Rotary Club of Shades Valley, Birmingham, Alabama, U.S.A.

Rotary International President (2004-2005)

When asked by President Paulo, “Why are you a Rotarian?”, a flood of memories resulted. First, of my wife and four Rotarian brothers who encouraged me, then of a son, a daughter, and a son-in-law who share this interest by being Rotarians too. Thirty years of friendships resulting from Rotary came to mind. I mentally recounted the community, vocational, and international service projects that resulted in such significant satisfaction.

The day President Paulo’s letter arrived, a letter came from an Australian who had been a Group Study Exchange team member in my district several years ago. He told me of a visit he and his wife planned to make to our town, and this reminded me of the internationality of Rotary experiences available to all of us.

Mary and I have been privileged to host a Youth Exchange student from Denmark, Rotary scholars from Brazil, Norway, and Peru; returned scholars from Australia, England, France, Germany, Japan, New Zealand, Scotland, Taiwan; and Group Study Exchange team members from Argentina, England, and Sweden, and we have had contacts with numerous outbound Group Study Exchange participants. Further, we have met and know many people throughout the Rotary world as a result of attending RI conventions, assemblies, institutes, and district conferences. The students, Groups Study Exchange team members, and the Rotarians are a diverse group of people, from differing backgrounds and often of different cultures. We have learned firsthand that Rotary does contribute to better understanding among people. Each experience adds to our number of special friends.

When I witness the joy of a child and the appreciation of the mother as a result of our club providing a small playground at a local children’s hospital; when I talk with young people about career and educational opportunities, I know my Rotary efforts are worthwhile.

And then, most of all – the fellowship, friendships, and sense of unity I experience in my club make me value membership in Shades Valley (Alabama, U.S.A.) Rotary above all else, except my church.

I appreciate being a part of this and I am a Rotarian because of it.

5 Glenn E. Estess Sr., who served as 2004-05 RI President during Rotary’s centennial year, died on 7 February, 2012. He was 84.
Seven Habits of Highly Effective Rotarians

by Dr Jagdish Bhatt, D3140 India

1. ATTENDANCE
Effective Rotarians always try to attend their club meetings or make up at other clubs as much as possible. They are aware that regular attendance is an important part of their membership commitment and do not miss a chance to attend. They participate on committees which they are members of, plus others if invited. They are keen to attend all club events and district functions. They participate in the District Assembly and District Conference each year, and have attended a recent Rotary International Convention.

2. FELLOWSHIP
Effective Rotarians enjoy meeting other members and often feel this fellowship is as important to Rotary as the actual business part of a meeting. They go out of their way to talk to those whom they do not know and believe a stranger is just a friend they have not met yet. Outside of Rotary they also enjoy meeting people and getting acquainted with them. At large Rotary gatherings they make an effort to meet others, rather than just fraternizing with friends from their own club.

3. VOCATION
Effective Rotarians respect every vocation and understand how the classification system is the basis of Rotary. They firmly believe that each vocation provides a cog in the wheel and is important, however insignificant it may appear. They firmly believe each member should try to excel in their job and they try to support and help others to reach their full potential.

4. DISCIPLINE
Effective Rotarians understand the value of self-discipline and know that productive accomplishments are hard to achieve without it. They realize that both inner and outer discipline must be maintained in a proper balance and can enforce both disciplines when and where required.

5. TIME, MONEY & ENERGY
Effective Rotarians know they have a purpose in Rotary and fully realize they must earmark a certain amount of time, money and energy to maintain this commitment. They also realize these three things should be shared in proper balance between their family, vocation and community.

6. EMPATHY
Effective Rotarians put themselves in the position of the other person, especially if that person is in difficulty. They know that mere sympathy may not be enough, can be empathetic and feel compassion for the difficulties of others. They believe that what they are doing for their community is merely returning a small part of what they have already received from it. While they may appreciate recognition for their efforts they do not hanker for it.

7. IMAGE OF ROTARY
Effective Rotarians may sometimes feel that all is not right with Rotary or there are too many 'politics'. They know some elements in Rotary need improvement but rather than be negative they use a positive approach to help rectify things. They maintain a positive attitude and portray a good image of Rotary, both inside and outside the organization.
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Submissions from District 7020 Clubs

Please send Club News and photos (with appropriate IDs) to Kitty at ladykitt@gmail.com For inclusion in the District Newsletter